What Is Claimed Is:

- 1. A wall article hanger for a wall article using one or more d-ring assemblies, the d-ring assembly having a plate body adapted to attach to the wall article and a movable ring mounted to the plate body, the wall article hanger comprising an elongated body having:
 - a) a first end portion;
- b) a center portion having one or more arms extending from the center portion and adapted to attach to the movable ring; and
- c) a second end portion having at least one prong protruding at an angle from a longitudinal axis of the elongated body,

wherein the at least one prong is adapted to penetrate the wall to support the wall article, the elongated body being sized in length so that the first end portion contacts a portion of the plate body to keep the elongated body generally aligned with the d-ring assembly after attachment thereto.

2. The hanger of claim 1, wherein the second end portion has a plate at said angle, the plate forming a bridge between the at least one prong and a rear surface of the wall article so

that forces applied to the wall article are transmitted directly to the at least one prong via the plate.

- 3. The hanger of claim 1, further comprising a pair of arms, each arm extending from a side of the elongated body.
- 4. The hanger of claim 1, where the at least one arm has a curved shape.
- 5. The hanger of claim 1, further comprising a pair of prongs.
- 6. The hanger of claim 1, further comprising a pair of arms, each extending from a side of the center portion, a pair of the prongs at the second end portion, and a plate at the second end portion, the plate forming a bridge between the at least one prong and a rear surface of the wall article so that forces applied to the wall article are transmitted directly to the at least one prong via the plate.
- 7. A d-ring assembly and picture hanger combination comprising:
- a) a d-ring assembly having a plate body adapted to attach to the wall article a and movable ring mounted to the plate body; and
 - b) the wall article hanger of claim.

- 8. A method of hanging a wall article having a D-ring assembly attached thereto comprising the steps of:
- a) attaching a body to a ring of the d-ring assembly, the body having at least one prong on a first end portion thereof, and extending at an angle from a longitudinal axis of the body, the body being sized in length to keep the ring of the d-ring in a generally vertical position after the attaching step, and
- b) pressing the wall article against a wall surface so that the at least one prong penetrates the wall surface to support the wall article.
- 9. The method of claim 8, wherein the wall article has a pair of d-ring assemblies, with a body attached to each ring of each d-ring assembly.
- 10. The method of claim 8 wherein the body has a plate at the first end portion, the plate being sized so that pressing of the wall article causes a rear surface of the wall article to press against an edge of the plate to drive the at least one prong into the wall surface.
- 11. A wall article hanger for a wall article using one or more d-ring assemblies, the d-ring assembly having a plate body adapted to attach to the wall article and a movable ring mounted

to the plate body, the wall article hanger comprising an elongated body having:

- a) a first end portion;
- b) a center portion having a pair of arms extending from edges of the center portion and adapted to attach to the movable ring; and
- c) a second end portion having a plate at an angle from a longitudinal axis of the elongated body, and at least one prong aligned with the plate, the plate being sized so that the wall article contacts an edge of the plate during wall article hanging;

wherein the at least one prong is adapted to penetrate the wall to support the wall article, the elongated body being sized in length so that the first end portion contacts a portion of the plate body to keep the elongated body generally aligned with the d-ring assembly after attachment thereto.